

# ABOUT Four T's NSW



## RVTS TARGETED RECRUITMENT PILOT

The Remote Vocational Training Scheme (RVTS) assists the recruitment of doctors to targeted rural and remote communities with high medical workforce need, by including the RVTS GP Vocational Training program as a component of the doctor recruitment package. Since 2018, RVTS has successfully assisted the recruitment of 23 doctors to 26 rural and remote locations across Australia, including 10 Aboriginal Medical Services.

RVTS Training is a four-year GP and Rural Generalist training program delivered by Distance Education and Remote Supervision leading to Fellowship of the ACRRM and/or RACGP. RVTS Training is fully funded by the Australian Government.

The Targeted Recruitment model has brought workforce stability and enhanced continuity of care to the participating communities, as well as career progression to specialist qualifications for the recruited doctors. The RVTS Targeted Recruitment strategy is an Australian Government Initiative.



### Location



Each of the towns in the FourT's have less than 1500 people and are situated approx. 30 minutes from the next by road and less than 2 hours from the regional centres of Dubbo and Orange with direct flights to Sydney, Melbourne, Brisbane, and Canberra.



### Attractions



Fabulous farming landscapes and spectacular national parks with large nearby dams for water sports. The region also hosts a broad range of festivals and events including wine and food, Parkes Elvis Festival, motor racing, garden rambles and poetry.



### Housing



A house is available with the position at Tottenham.



### Education



Each of the 4 towns has central schools catering for students from kindergarten to Year 12. The region also hosts two medical schools, one of Australia's largest universities and a broad range of public and private schools.

# ABOUT Four T's Medical Centres



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FourT's is a comprehensive primary care service across four nearby communities, Tottenham, Trangie, Trundle, and Tullamore with Rural Generalists working as a collaborative team to provide high-quality health care. The services are located within the town's Multipurpose Service and seamlessly link through a single-employer model with the acute services in these towns.

This new model aims to address the historical challenges of primary care sustainability in rural communities, providing Doctors with the flexibility to be well supported, so you can provide whole-of-health care (primary and aged care alongside acute and emergency care) in a networked, single employer system.

Together the FourT's Medical Centres care for approximately 2500 primary care patients alongside 45 aged care residents within the four MPS's in total. Each of the Emergency Departments across the 4T's see on average less than two emergency presentations per day, and all have between 2 and 4 inpatient beds available.

Medical staff are also supported by our 24/7 Virtual Rural Generalist Service to ensure doctors are not overburdened by minor presentations after-hours and on weekends.

## FAST FACTS



### Referring Hospitals



Dubbo Base Hospital is less than two hours by road for Tottenham, Tullamore, and Trangie. Orange Base Hospital is less than two hours by road for Trundle.



### Services



Services are predominantly medical, nursing, and administrative services, with some visiting physiotherapy, podiatry, and audiometry services. A fully operational Pharmacy is available onsite in Tottenham and Tullamore (and in-town in Trangie and Trundle).



### Visiting Specialists



Specialist and mental health services are available via telehealth from the practice locations. A central care unit within the Local Health District is established to coordinate of additional specialist advice and support.



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